

13th-21st December 2025

RENEWABLE YOUTH

Eskisehir
Türkiye



Youth Exchange

MOBILITY OF YOUNG PEOPLE

2024-1-DE04-KA152-YOU-000219574



WELCOME *Dear* PARTICIPANT

We are very happy to welcome you to the Youth Exchange “Renewable & Youth” that will take place in Eskişehir, Türkiye, from 13th to 21st December 2025.

This project is part of the Erasmus+ Programme, and it will bring together young people from six countries, Türkiye, Germany, Portugal, Hungary, Denmark, and Italy.

What’s the purpose of this InfoPack?

- ✓ Understand the goals of the project.
- ✓ Get to know the roles and responsibilities of participants and group leaders.
- ✓ Prepare for practical arrangements (travel, accommodation, what to bring).
- ✓ Start building your contribution to a creative, inclusive, and impactful experience.

**LET’S MAKE IT
MEANINGFUL,
TOGETHER!**

COORDINATOR ORGANIZATION

Mert Yiğit

greenyounion@gmail.com
+491792055879



HOST ORGANIZATION

Dogan Can Karabudak

dogakorumagenclikdernegi@gmail.com
+90 531 380 85 00



ORGANIZATION *Mission*



GREENYOUNION E.V.



COORDINATOR ORGANIZATION

We are **GreenYOUNion e.V.**, a group of young people who met through Erasmus+ projects. Our dream is to build a united generation that protects the environment, breaks barriers, and creates inclusive communities.

Through this project, we want to:

Work together for a greener planet

Bringing young people from different countries and cultures to share ideas and learn from each other.

Promote equality and inclusion

Making sure every voice is heard and respected.

Encourage eco-actions and education

Turning small ideas into big positive changes in our communities.

Support young leaders

Helping youth to grow their confidence, teamwork, and critical thinking skills to protect nature.

Create long-lasting connections

So that participants stay active and continue promoting sustainability after the project ends.



DOGA KORUMA GENCLIK DERNEGI

HOST ORGANIZATION

The DKD Association is a dynamic organization composed of artists, artisans, experts, and sponsors, dedicated to promoting art, environmental and climate protection, and environmental education.

Taking a comprehensive approach to culture, the association embraces dance, theater, performance, music, visual arts, and all forms of everyday culture.

The DKD Association was founded to bridge the widening gap between people and nature. It achieves this by involving individuals who have become disconnected from nature and culture in recent years in educational activities based on a nature-based learning approach.

PARTICIPATING Countries



Our partner organisations have a lot of **experience in working with young people** and helping them take **action for the environment**. They focus especially on **supporting young people with fewer opportunities**, helping them join projects about sustainability and green living.

Together, we have worked with vulnerable and disadvantaged youth, using eco-projects as a way to grow personally, learn new skills, meet people from other cultures, and build confidence.

Each organisation is **active in non-formal education** and has experience in raising awareness about ecology and organising Erasmus+ projects that make a real difference. We are united by one goal, to **create an inclusive green movement where all young people can learn, lead, and act for the planet.**

Through this cooperation, we want to give **equal chances for everyone** to become a changemaker, to promote European values, and to fight discrimination through shared actions for a better and cleaner world.



HOW TO APPLY

1

Contact with the organization of your country to learn how to apply being a participants in the YE.

2

If you are selected, you will receive and email with more information!

3

Contact with sending organisation and follow their instructions to reserve the flight tickets



DE – GreenYOUnion e.V.

greenyounion@gmail.com

TR – Doga Koruma Genclik Dernegi

dogakorumagenclikdernegi@gmail.com

PT– Soajo Echoes for Change

official@colonyofcreators.com

DK – Pangaea Youth Network

jurgita@pangaeayouth.org

HU – Györ Development Youth Group

greenwayofyouthacademy@gmail.com

IT – ASSOCIAZIONE WELCOME ON BOARD

welcomeonboardngo@gmail.com

THEN, YOU'RE IN!

Erasmus+ YOUTH EXCHANGE

Youth Exchanges are opportunities for young people from different countries to meet, live and learn together for a week while discussing issues like ecological regeneration and people care skills.

**WANT TO KNOW MORE
ABOUT ERASMUS+?**

CLICK HERE

Youth Pass EUROPEAN CERTIFICATE

WHAT'S THE YOUTHPASS?

Youthpass is the **recognition instrument** developed for the projects realised in the European youth programmes. Through the Youthpass certificate, participation in such projects can be recognised as an educational experience and a period of non-formal and informal learning.

WHY IS THE YOUTHPASS ADVANTAGEOUS?

You can **attach the Youthpass to your CV**, in order to show your future employer your commitment to a European project and the skills you developed.

The main difference with the Youthpass and a regular certificate is that you complete it yourself. That means you have the opportunity to create a very specific and individual report of what you've personally learned during the project!

WHICH SKILLS DOES THE YOUTHPASS COVER ?

- Multilingual competence
- Personal, social and learning to learn competence
- Citizenship competence
- Entrepreneurship competence
- Competence in cultural awareness and expression
- Digital competence
- Mathematical competence
- Literacy Competence



<https://www.youthpass.eu>

ABOUT THE PROJECT

Details

The **Youth Exchange “Renewable & Youth”** will take place from **13th to 21st December 2025** (including travel days) in Eskişehir, Türkiye.

It will bring together **36 young people** from **Germany, Türkiye, Portugal, Hungary, Denmark, and Italy**.

This project was created as a response to the **growing need to protect our environment** and to **include young people** in taking action for our planet.

By learning together, we hope to build a **more sustainable, inclusive, and united Europe**, where youth are ready to make a real difference in their communities.

The **main aim** of the project is to help young people:

- Learn and grow through **non-formal education** and teamwork.
- Develop **green habits** and understand how to live in a more sustainable way.
- Increase their **awareness about environmental problems** and possible solutions.
- Support **social inclusion**, giving equal chances to young people with fewer opportunities.



EDUCATE

Learn and share knowledge about environmental protection and sustainability



REUSE

Opt for second-hand or repurposed items whenever possible



REDUCE

Cut down on waste by choosing reusable over disposable items



RECYCLE

Properly sort and recycle plastics, paper, metals, and glass



CONSERVE

Save water and energy by adopting efficient habits at home and work



PLANT

Plant trees and support local reforestation efforts to restore ecosystems

Increase environmental awareness

Help young people understand how their daily choices, food, clothes, transport, and consumption, affect the planet.

Promote sustainable habits

Encourage participants to use eco-friendly products, recycle, and reduce waste in daily life.

Learn through non-formal education

Use creative workshops, games, and teamwork to make learning fun and practical.

Connect youth from different countries

Create a safe space for cultural exchange, respect, and cooperation between people from different backgrounds.

Include young people with fewer opportunities

Give a chance for everyone to take part, especially those who face social or economic difficulties.

Develop leadership and teamwork skills

Support participants in becoming active citizens and future leaders in their communities.

Support European values

Promote peace, respect, inclusion, and unity through shared environmental actions.

PARTICIPANTS

Details



OF PARTICIPANTS

36 participants from **6 countries**, each national team consists in 5 youngsters (including 2 fewer opportunities participants) and 1 group leader.



PARTICIPANTS AGE

All **youngsters** will be aged between **18 and 30 years old**, while **group leaders** must be **at least 18 years old** (can be over 30 years old).



GENDER BALANCE

Will be strictly maintain the **50/50 gender balance** through careful selection by all partner organizations.



LANGUAGE

All selected participants need to demonstrate **basic communication skills** in both spoken and written **English**.



ELIGIBILITY CRITERIA

- **First-timers welcome!** Never done Erasmus+ before? Perfect!
- **Passionate about nature?** If you care about the environment, we want you!
- **Team player?** We value everyone's unique background and ideas.
- **Like helping out?** Volunteer experience is a plus (but not required).
- **Want to demonstrate your culture?** Ready to share traditions and learn others? Awesome!
- **Creative and digital?** Participants with skills in photography, video shooting, and editing are especially welcome, your talent can help us share our project results and stories.

Bonus points if you:

- 💡 Volunteer for eco-causes
- ♻️ Recycle/upcycle at home
- 🗣️ Enjoy meeting new people

PARTICIPANTS BACKGROUND

THE PROJECT WILL OFFER A PLATFORM TO SHOWCASE PARTICIPANTS FROM DIVERSE BACKGROUNDS, ALL DRIVEN TO ENGAGE IN INTERNATIONAL COOPERATION AND ENHANCE THEIR PERSONAL COMPETENCIES, KNOWLEDGE, SKILLS, AND ABILITIES IN THE FIELD OF ENVIRONMENTAL PROTECTION.

Participants with fewer opportunities:

This project is a chance to involve fewer opportunities. The Erasmus+ Programme aims at promoting equity and inclusion. **Their interest and motivation is enough to be eligible for the project.**



Participants Role



support,
r travel,
untries

1. PREPARATION PROCESS

- With the group leaders support, participants will organize their travel, swap cool ideas from their countries, and design fun activities for the program.
- During preparation, everyone will research their local eco-issues and put together a lively presentation about their culture and traditions.
- All this prep work happens online together before we meet face-to-face.

2. IMPLEMENTATION PROCESS

- Participants must attend ALL project activities.
- Each country team will get their own special day to lead fun learning activities
- Every day participants will practice new skills and write down what they learned.
- Everyone will join together to evaluate the whole project.
- They will use the Youth Pass to officially record all their learnings.
- Participants needs to make a plan to share what we did and tell others about the project.

3. FOLLOW UP PROCESS

- Post your project photos, videos, and stories on social media.
- Run eco-activities in your town (like clean-ups or workshops).
- Share what you learned at schools, NGO's and community events.
- Keep in touch with the other participants from the project for future network.

GROUP LEADERS

Role

- ✓ Help all participants, especially first-timers and those with fewer opportunities, by clearly explain the project's goals and what to expect.
- ✓ Encourage everyone to join in and help design activities together.
- ✓ Help create the program's opening sessions about self-discovery through fun, interactive learning.
- ✓ Check in regularly with your national team, listen to their concerns, and share their needs with organizers.



WORKSHOPS *And* ACTIVITIES



Different activities using **non-formal education methods** will be organised during the whole project. Participants will learn more about **sustainable living, responsible consumption, and how our daily habits affect the planet**. They will develop **critical thinking, become more creative, and learn to work as a team**. Together, they will explore today's environmental challenges and find new ideas for a greener and fairer future through practical green actions.



The program will include many non-formal learning methods such as **icebreakers, team-building games, group discussions, brainstorming, role plays, simulation games, world café, study visits, creative workshops, intercultural evenings, and daily reflection times**. These methods will make learning active, fun, and meaningful for everyone.



To better understand eco-sustainability and consumption habits, participants will work in **small groups**. They will talk about **how our food, fashion, and home products impact the environment**, and they will discover simple ways to change these habits. A simulation game will help them feel how small daily choices can make a big difference for the planet.







Participants will also **share experiences and good ideas during World Café sessions**. Together, they will create digital booklets, videos, and DIY eco-products to inspire others to live in a more sustainable way. The results will be shared with other young people, schools, and NGOs, so the learning continues after the project ends.

WORKSHOPS *And* ACTIVITIES

During the Youth Exchange “Renewable & Youth”, participants will join many fun and educational activities using non-formal learning methods that mix teamwork, games, discussions, and real experiences.

All activities will focus on the main topics of the project:

-  Sustainable cities
-  Environmental protection
-  A more livable world
-  Digital skills

ACTIVITY *Table*



During the Youth Exchange, there will be key activities such as:

ON 1 ICEBREAKERS – LET’S MEET GREEN!

Fun games and name activities to build team spirit and introduce the project themes.

ON 2 DEBATE – HOW OUR CHOICES IMPACT THE PLANET

Discuss how our food, clothes and daily habits affect nature and what we can do better.

ON 3 BRAINSTORMING – RETHINK, REUSE, RENEW

Share ideas on how to reduce waste, recycle, and live more sustainably.

ON 4 CREATIVE WORKSHOP – FOOD AND FASHION FOOTPRINT

Learn about CO₂ footprint, food waste, and sustainable fashion through games and teamwork.

ON 5 DIY WORKSHOP – ECO BEAUTY AND HOME PRODUCTS

Make natural toothpaste, deodorant, and upcycled home goods using safe, eco materials.

ON 6 SIMULATION GAME – CONSUME OR CONSERVE?

Experience how daily choices can help or harm the planet.

ON 7 WORLD CAFÉ – IDEAS FOR A GREEN EUROPE

Small group discussions to share good eco-practices from each country.

ON 8 DIGITAL CREATION – GREEN MESSAGES IN ACTION

Create videos, photos, or digital booklets to share what was learned with others.

ON 9 ROLE PLAY – MY ECO-FRIENDLY COMMUNITY

Act out everyday situations to find creative green solutions together.

INTERCULTURAL *Nights*

Imagine this: A vibrant evening where YOU get to show your culture (yes, that means food 🍲, music 🎵, dances 🕺, wild traditions 🤖, anything goes!).

Show off your roots (or your favorite subculture!):

- Cook your grandma's iconic dish 🍲
- Teach that viral dance from your country 🕺
- Share wild festivals, slang, or even memes 🤖



Discover hidden gems: Ever tried Spanish Flamenco dance? Or Danish Pakkeleg game? Now's your chance!

🎵 HOW TO OWN THE STAGE:

1st. Be creative! Mix and match:

- Food tasting 🍴 (homemade = extra love!)
- Mini language lessons 🗣️ (Teach us 3 killer phrases!)
- Music/Dance battles 🎵 (Who's winning: salsa or brâul?)
- Interactive games 🎲 (Like Turkish mangala)

2nd. Team up or go solo:

- Perform a folklore legend 🎭
- Host a quiz with fun facts ("Which country invented pizza?" Hint: Not Italy! 🇮🇹❌)

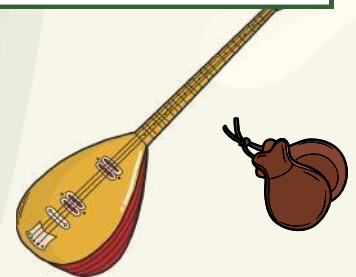
3rd. Bring the vibes:

- Wear traditional outfits 👗👔 (or DIY something iconic!)
- Share real stories (What's a cultural taboo people need to know?)



💬 Why It's Unmissable:

- Interesting global buffet (yes, actual homemade flavors 🍲).
- Laugh until your cheeks hurt (culture shocks = best stories 🤖).
- Find your "cultural twin" (Who else loves spicy in everything? 🌶️).



🎯 **Rule #1: No pressure!** Just bring your authentic self, whether that's a folk song, or a 2-minute comedy.



🌈 **Tagline: "Your culture. Your way. One unforgettable night."**

🗣️ **P.S. No boring PowerPoints! Bring ENERGY and just vibes. 😎**

🗣️ **P.S. Secret reward for the most original presentation... 🤖💎**



WHAT IS Covered?

What?



Accommodation +



3 meals (breakfast, lunch and dinner) +



2 coffee breaks



Travel costs will be refunded according to:

Erasmus+ Distance Calculator:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Erasmus+ Exchange Rate:

https://commission.europa.eu/funding-tenders/procedures-guidelines-tenders/information-contractors-and-beneficiaries/exchange-rate-infoeuro_en



ORGANIZATION

COUNTRY

TRAVEL BUDGET

GREENYOUNION E.V.
COORDINATOR ORGANIZATION

• GERMANY •

395€

DOGA KORUMA GENCLIK DERNEGI
HOST ORGANIZATION

• TURKIYE •

28€

SOAJO ECHOES FOR CHANGE

• PORTUGAL •

580€

PANGAEA YOUTH NETWORK

• DENMARK •

395€

GYÖR DEVELOPMENT YOUTH GROUP • HUNGARY •

395€

ASSOCIAZIONE WELCOME ON BOARD • ITALY •

309€

REIMBURSEMENT Rules


ASK FIRST! Never book alone! → NO "Oops, I booked!"

- Your organization **MUST** approve tickets **BEFORE** you buy
- We'll help you to find cheapest/safest options



Only these count for refunds:

- Public transport **ONLY** (trains 🚆 / buses 🚌 / eco flights ✈️)
- Economy class tickets
- **NO** taxis/Ubbers
- **NO** business/first class

KEEP EVERYTHING!

- Original digital tickets/boarding passes 📄 (no screenshots!)
- All physical tickets/boarding passes 📄 (even bus/metro tickets!)
-  **ALSO** scan everything and save it in the phone (backup!)

HOW TO SUBMIT/DELIVER THE TRAVEL TICKETS

-  Digital tickets: upload them in the Google Drive
-  Physical tickets: Scan and upload them as a pdf in the Google Drive
Give to your group leader during the exchange





** Google Drive will be shared with selected participants*

PATIENCE = REIMBURSEMENT






- Refund come **AFTER** you:
 - ✓ Attend **ALL** activities ¹⁰⁰
 - ✓ Do local follow-up events 🎵
 - ✓ Post on social media 📱
 - ✓ Submit surveys 📝
 - ✓ Give physical tickets to leader and upload everything in the Drive 📄

IMPORTANT




WATCH OUT! (Not covered ❌)

-  Lost cash/passports
-  Medical bills (get insurance!)
-  Flight delays (blame airlines!)
-  Currency exchange losses
- If you book alone → **NO** refund

PRO TIPS FROM VETERANS

-  Book early = cheaper tickets
-  Save 2+ extra days for travel issues
-  Bring emergency cash
-  Get travel insurance (ask your group leader!)
-  Photo **EVERYTHING** as backup

REMEMBER

-  Mark your calendar: Money comes 2 months after the project ends
-  Save approval emails (for proof)
-  Be patient! Paperwork takes time



ROTA BUSINESS HOTEL ESKİŞEHİR

Şeker Mah. Sivrihisar-1

Cd. No:119, 26600

Tepebaşı/Eskişehir

+905060939393

ACCOMMODATION INFORMATION

Participants will be gathered at **Rota Business Hotel**. Participants will share a bedroom with **individual beds**, the number per room will change depending on the type of room, but normally **rooms** will be **shared** between **3-4 people** from the **same gender**. **Accommodation** and **food** (breakfast, 2 coffee breaks, lunch, and dinner) are **%100 covered by Erasmus+ Programme**, between **14th-20th December 2025**. Additionally, on **arrival day** (13th June) there will be **only dinner**, and on **departure day** (21st June) there will be **only breakfast**.



It is possible for participants to stay longer in Turkey (**2 extra days maximum**) being **all costs** (for food, accommodation, transportation, or other types of costs not related to project) must be **covered by the participant**.

Please note that the project officialy will start at 13th of December 2025, participants need to be at hotel no later than 20:00



<https://rotabusinesshotel.com>

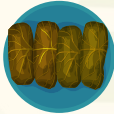


+905343380195

VENUE PLACE

Eskişehir

Eskişehir is a city in northwestern Turkey and it is located on the banks of the Porsuk River. It is mainly divided into two districts: Odunpazarı and Tepebaşı, a combination of history and ancient places with new constructions. The city is well known for being full of cafés, bars, and parks for all tastes and times of the day. It is also known as being an intercultural city and it hosts students from all around the country and the world...



It's the most important university city in Turkey.

The city is full of places for young people to enjoy: parks, pubs... It stays always alive!



Its channels remind to the ones in Venice, here you can also go on a Gondola!



The city is famous for its music and dance festivals in the streets.

Eskişehir is well known for being the most functional city in terms of facilities and the fastest in Türkiye.



PRACTICAL Information



1 TRAVEL DETAILS

The best option for airports are in:

- **Istanbul**
 - Istanbul Airport (IST)
 - Sabiha Gökçen Airport (SAW)
- **Ankara**
 - Esenboğa Airport (ESB)

From the airports is possible to take a bus to:

- bus station where you can find another bus to the venue.
- train station where you can find a fast train to the venue.

We will explain the easiest ways to get from airports to the venue to selected participants.



2 WEATHER

Temperature in Eskişehir is generally cold, during the day there is big temperature changes and at nights gets colder.

3 BASIC WORDS

Hello - **Merhaba**

How are you? - **Nasılsın?**

Thank you - **Teşekkürler**

Where? - **Nerede?**

How much? - **Ne kadar?**

Here/There - **Burda/Orda**

This - **Bu**

Yes - **Evet**

No - **Hayır**



Materials for the intercultural night: food, any kind of traditional clothes or national speciality...

Clothes suitable for the weather

Your digital devices (phone, camera, tablet...)

WHAT

TO

BRING?

Personal hygiene supplies (shampoo, toothbrush, etc.)

Medicines according to your health and needs

Your cup for avoiding plastic waste

OTHER Conditions

IT IS A YOUTH EXCHANGE, NOT A TRIP OR TOURISTIC EVENT.

Participants cannot come later or go before the activity days (from 13th–21st of December 2025).

The **travel days** allowed are **until 2 days before or 2 days after the project date**.

We would like to see **optimistic and active participants** in the activities!

Participants should take **their own responsibility** for attending the activities **on time** and **being respectful** to the rest of the mates.

Adaptability is very important, you are coming to a **different country** and **meeting people from other cultures**: food, conditions, or behaviors may be different but **enjoyed and respected**.

Dissemination actions and sharing about the experience are requested to participants and very appreciated accomplishing some of the aims of the program.

TO KEEP IN MIND...

1.



We will like to promote respect for the environment and its resources: bring your mug, try to turn off lights when not using them, avoid the use of paper in the workshop if possible, etc.

2.



Workshops will be shared and all countries will take responsibility during the project.

3.



Pack the digital devices useful for the development of the activities: laptop, iPad, phone, camera... They are a good tool to develop art and informal learning!

Health RECOMMENDATIONS



It is **mandatory** to have **health insurance valid in Türkiye** during the period of stay, for any emergency, accident, or civil responsibility.



We would like **participants to take care of their own health insurance** and purchase the one suitable for the number of days of the stay (the **health insurance cost is not subject to refund**, there are many options in each country, you can consult with your medical center).



Bring always your **own medicines** as our team cannot prescribe any medical treatment, only supplies from the first aid kit.

LIABILITY AND LEARNING

Agreements

OUR PROMISE TO YOU:

We'll provide a safe, fun, and inclusive space where you can:

- ✓ **Share** cultural stories through creative workshops.
- ✓ **Build** friendships across borders.
- ✓ **Grow** leadership and teamwork skills.
- ✓ **Explore** sustainability through traditions.

LEARNING OUTCOMES:

By joining, you'll gain:

-  **Intercultural confidence**
Share traditions through art, food, or storytelling.
-  **Communication skills**
Lead workshops and debates.
-  **Teamwork superpowers**
Collaborate on creative projects.
-  **Sustainability awareness**
Link heritage to eco-friendly practices.

YOUR COMMITMENTS:

1. RESPECT

- Treat everyone with kindness, no bullying, discrimination, or offensive language.
- Listen actively and value diverse opinions.
- Honor cultural differences (beliefs, traditions, identities).

2. RESPONSIBILITY

- Be on time for all activities.
- Inform leaders immediately if you're sick or can't attend.
- Care for project materials, accommodations, and nature.
- Follow all safety rules (e.g., during excursions).

3. COOPERATION

- Work as a team, everyone's voice matters!
- Stay open-minded and share your culture proudly.
- Keep energy positive (even during challenges).

MEDIA CONSENT

By participating in this mobility, **you agree** that **photos/videos** taken during activities may be **used by the organizers** for social media, reports, and promotional materials.

If you prefer not to be featured, please inform the team before the project starts.



Co-funded by the
Erasmus+ Programme
of the European Union



This Youth Exchange has been co-funded by the Erasmus+ Program.
If you would like to find out more about the program, please visit
<http://eacea.ec.europa.eu/erasmus-plus>

NATIONAL AGENCY
DE04 - JUGEND FÜR EUROPA



PROJECT NUMBER

2024-1-DE04-KA152-YOU-000219574

Contact **INFORMATION**

**IF YOU HAVE ANY QUESTIONS
PLEASE CONTACT:**

COORDINATOR ORGANIZATION

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GreenYoUnion

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